

Relax and recharge at The Guardian guest house in Hemel-en-Aarde



By [Ruth Cooper](#)

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Nestled in the beautiful and (aptly named) Hemel-en-Aarde (Heaven and Earth) Valley, The Guardian Guest House and Cottage is the perfect self-catering spot when looking for some serious R&R.

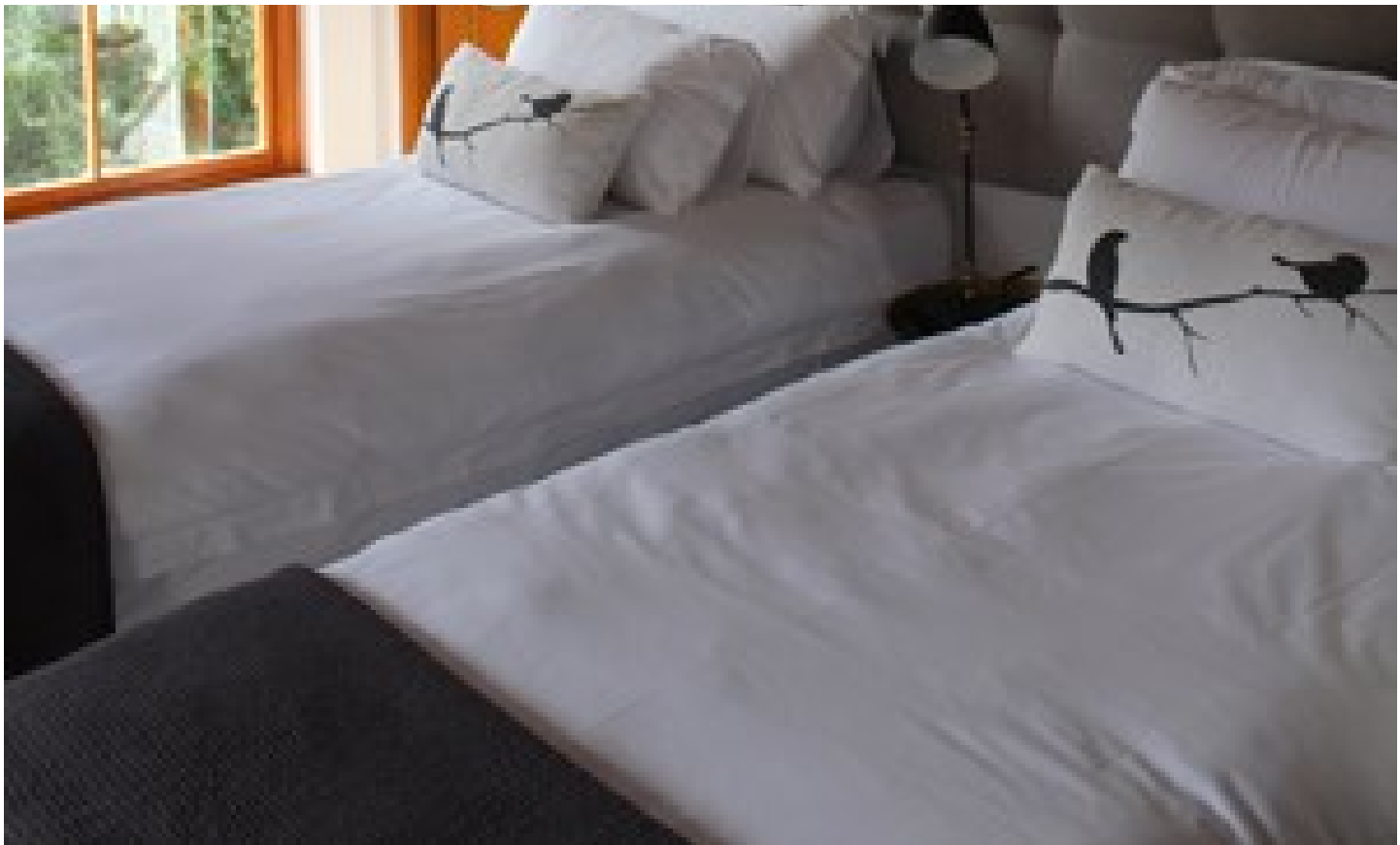






Owned by couple Dereck and Sharon Wilson, this family-run accommodation offers both an apartment and free-standing cottage on a 25-acre private estate; both options offering the most breathtaking views of the valley and dramatic Babylonstoren Mountain range.







The cottage is a mix of eclectic lux décor and sleeps up to four in two en-suite upstairs bedrooms. Downstairs, a well-equipped kitchen and a spacious dining and living area, plus a generous patio and braai area make the cottage feel like a luxurious home away from home.







Gracious hosts and takeaway treats

Hosts Dereck and Sharon were beyond hospitable and went above and beyond when it came to making us feel at home; a chilled bottle of Creation Pinot Noir (from neighbouring wine farm), detailed advice on hiking trails, a homemade cake plus take-home gifts, made this stay especially memorable.



Awaken your senses with the unique Creation Sensation wine pairing

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In fact, Sharon sells great gifting items such as handmade leather-wine carriers, candles, linen aprons, natural diffusers, bath salts, fynbos body lotion, shower products, bath salts, creams and more (most utilized in the accommodation) in a pop-up shop on the premises.

The Guardian offers an ideal spot to base oneself when exploring the impressive wine farms situated in the Hemel-en-Aarde Valley; just perfect when you need a closely situated comfy bed to crash in post wine tasting. A ton of hiking and mountain

biking trails are also on offer and easily accessible via the estate.



For more info or to make a booking go to www.theguardianhermanus.co.za.

**Ruth Cooper was a guest of The Guardian*

ABOUT RUTH COOPER

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