

Twitter boosts awareness for breast cancer

Various Twitter accounts are supporting Breast Cancer Awareness month, which ends on Friday, to boost the awareness of South African women, as it is the most common type of cancer in women of all races, after non-melanoma skin cancer.



Stay informed

It is essential to be aware of all types of cancer, which is why being well informed and educated is so important. There are many Twitter accounts out there which can be of interest, including [@HealthZA](#), which consists of official tweets from the National Department of Health South Africa, or [@SACancerbuddies](#), a South African NGO project for people living with cancer that provides peer support to newly diagnosed cancer patients and their families.

Find out where you can get a mammography by following [@ThePinkDrive](#), which is a mobile mammography and educational unit that take breast cancer education and screening to the women of South Africa, or follow its founder and director [@PinkDriveNoels](#), as she spreads her passion about creating awareness and educating people about the importance of early detection of breast cancer.

Support and inspiration

For those who have been directly or indirectly affected by this disease and seek support and inspiration, it might be useful to reach out to [@CancerInspire](#) - it supports the fight against cancer and its mission is to make a positive influence in the lives of everyone who is involved or follow a cancer survivor [@liesldb](#).



If one wishes to be part of a movement group that want to make a difference, [@BreastCancerABC](#) is an active breast cancer organisation, with the goal of lobbying government to develop and implement an effective Breast Health Policy.