

I had a spiritual conversation with my body to fight, Shorn Khumalo

 By [Nicci Botha](#)

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In our #SurvivorStories series, we put a face to Covid-19 by sharing the stories of people who have fought the virus and come out the other side. PR consultant, Shorn Khumalo talks us through his journey.

ABOUT NICCI BOTHA

Nicci Botha has been wordsmithing for more than 20 years, covering just about every subject under the sun and then some. She's strung together words on sustainable development, maritime matters, mining, marketing, medical, lifestyle... and that elixir of life - chocolate. Nicci has worked for local and international media houses including Primedia, Caxton, Lloyd's and Reuters. Her new passion is digital media.

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